



₹ 2950/- (55cm)
MRP : ₹ 3380/- (65cm)
₹ 4058/- (75cm)

Colors available :   
Red Blue Silver

Hold® Anti-Burst Gym Ball

Ideal for conditioning & therapy !

- help to build strength, tone & flexibility of core muscles
- proven rehab device in physical therapy
- burst proof up to 350 kg
- material : PVC
- available sizes : 55cm, 65cm, 75cm



Colors available :



Hold® 8" Hand Pump

Suitable for all type of air filling ! MRP : ₹ 324/-

available sizes : 08" hand pump, 11" hand pump*

* Available on request



Hold® Resistance Band

A strong band for fitness and therapy !

- ideal aid for low impact workouts
- available in 3 different levels of resistance
- material : TPE
- latex-free and odorless
- available sizes : 0.35 mm X 15 X 120 cm
0.50 mm X 15 X 120 cm
0.65 mm X 15 X 120 cm



₹ 754/- (Pink)
MRP : ₹ 986/- (Blue)
₹ 1125/- (Purple)

Colors available :   
Pink Blue Purple



MRP : ₹ 1377/- (Red)
₹ 1394/- (Grey)
₹ 1445/- (Black)

Hold® Resistance Tube

Versatile and ideal for fitness training !

- for muscle strengthening, wellness and rehabilitation
- stretching exercises for upper body and legs
- flexible foam handles for a better grip
- material : PP, TPR
- available sizes : 11 mm X 2.1 mm X 127 cm
11 mm X 2.5 mm X 127 cm
11 mm X 3.0 mm X 127 cm

Colors available :   
Red Grey Black



Hold® Toning Tube Set

Versatile rounded tube for fitness !

- comfortable aid with foam grip for progressive muscle buildup in fitness
- ideal for group, personal training, aqua gym & fitness.
- material : TPR, Foam handle
- available sizes : 11 mm X 2 mm X 68 cm
11 mm X 2 mm X 107 cm

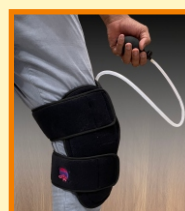


MRP : ₹ 1298/-

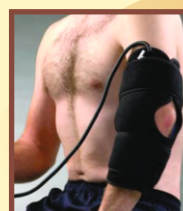
Colors available :  
Red Blue

Hold® COLD COMPRESSION THERAPY

**Our unique Cryotherapy
with Compression system**



KNEE Rs. 3732/-pc



ELBOW Rs. 3732/-pc



ANKLE Rs. 3732/-pc



WRIST Rs. 3622/-pc



PUSHPANJALI medi India Pvt Ltd

MEDICAL COMPRESSION | ORTHOPEDICS | PHYSIOTHERAPY | REHABILITATION



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from the house of
PUSHPANJALI



MRP : ₹ 2955/-

Color available : Blue

Hold® Balance Cushion

Air-filled aid to improve balance co-ordination !

- comfortable aid with foam grip for progressive muscle buildup in fitness
- ideal for group, personal training, aqua gym & fitness.
- material : TPR, Foam handle
- available size : 33 cm



Colors available :

MRP : ₹ 324/-

Hold® 8" Hand Pump

Suitable for all type of air filling !

available sizes : 08" hand pump, 11" hand pump*



* Available on request

Hold® Foam Roller

Ideal for massage and relaxation!

- aid to release muscle tensions & relaxation
- perfect for massage of back & leg
- increase blood circulation
- material: EVA
- available size : $\Phi 6'' \times 18''$
 $\Phi 6'' \times 35''$ *



MRP : ₹ 3139/-

Color available : Marble blue



MRP : ₹ 850/-

Color available : Black

Hold® Double Ball

Massage Tool for neck, leg and back !

- for body massage and release of tense muscles
- suitable for back, neck, calf and leg muscles massage
- use on the floor OR on the wall
- material: EPP Foam
- available size : approx. $\Phi 8 \times 16$ cm



Hold® Soft Power Ball

Suitable for Hand and forearm therapy !

- works for all muscles in your hand and fingers which comes with different strength
- use to strengthen and mobilize the fingers and hands
- material : TPR
- available size : $\Phi 50$ mm



MRP : ₹ 699/-

Color available : Pink



₹ 219/- (6cm)
MRP : ₹ 291/- (8cm)
₹ 362/- (9cm)

Colors available : Green Yellow Blue

Hold® Massage Ball

Fast and easy massage anytime-anywhere !

- specially design for relax zone of foot and palm
- increase blood circulation
- release muscle tension
- material : PVC
- available sizes : 6cm, 8cm, 9cm



Hold® Yoga Mat



Durable EVA Material :



Double Sided, Non-Slip Texture :



Good Cushioning & Resilience :



Easy Maintenance :



MRP : ₹ 759/-pc (4 mm)
₹ 827/-pc (6 mm)
₹ 1152/-pc (6 mm)
(TPE)*

* Available on request



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