

JUST LAUNCHED 🚀




Hold®

Hold® Anti-Burst Gym Ball

Ideal for conditioning & therapy !

- help to build strength, tone & flexibility of core muscles
- proven rehab device in physical therapy
- burst proof up to 350 kg
- material : PVC
- available sizes : 55cm, 65cm, 75cm

₹ 2950/- (55cm)
MRP : ₹ 3380/- (65cm)
₹ 4058/- (75cm)

Colors available :   
Red Blue Silver

Hold® 8" Hand Pump

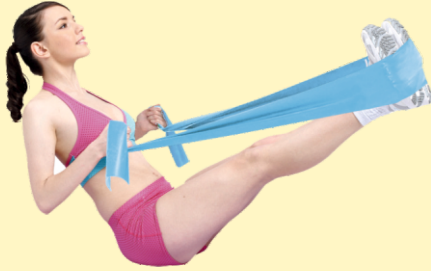
Suitable for all type of air filling !

available sizes : 08" hand pump, 11" hand pump*

MRP : ₹ 324/-



* Available on request



Hold® Resistance Band

A strong band for fitness and therapy !

- ideal aid for low impact workouts
- available in 3 different levels of resistance
- material : TPE
- latex-free and odorless
- available sizes : 0.35 mm X 15 X 120 cm
0.50 mm X 15 X 120 cm
0.65 mm X 15 X 120 cm



₹ 754/- (Pink)
MRP : ₹ 986/- (Blue)
₹ 1125/- (Purple)

Colors available :   
Pink Blue Purple



MRP ₹ 1377/- (Red)
₹ 1394/- (Grey)
₹ 1445/- (Black)

Colors available :   
Red Grey Black

Hold® Resistance Tube

Versatile and ideal for fitness training !

- for muscle strengthening, wellness and rehabilitation stretching exercises for upper body and legs
- flexible foam handles for a better grip
- material : PP, TPR
- available sizes : 11 mm X 2.1 mm X 127 cm
11 mm X 2.5 mm X 127 cm
11 mm X 3.0 mm X 127 cm





Hold® Toning Tube Set

Versatile rounded tube for fitness !

- comfortable aid with foam grip for progressive muscle buildup in fitness
- ideal for group, personal training, aqua gym & fitness.
- material : TPR, Foam handle
- available sizes : 11 mm X 2 mm X 68 cm
11 mm X 2 mm X 107 cm



MRP : ₹ 1298/-

Colors available :  
Red Blue






Hold® Yoga Mat

Made for yoga session !

- made of EVA and does not contain PVC, latex or any other toxic materials.
- 4 mm, 6 mm, thickness ensures optimum comfort without
- designed to enhance non-slip properties. Sweat and moisture absorbent, suitable for all seasons.
- available size : 183 x 61 cm x 4 mm / 6 mm.



₹ 759/- (4mm)
MRP : ₹ 827/- (6mm)
₹ 1152/- (6mm)
(TPE)

Colors available :   
Sky blue, Grey, Burgundy



* Available on request



website: www.pushpanjaligroup.com |



e-mail: info@pushpanjaligroup.com |



JUST LAUNCHED



MRP : ₹ 2955/-

Color available : Blue

Hold® Balance Cushion

Air-filled aid to improve balance co-ordination !

- comfortable aid with foam grip for progressive muscle buildup in fitness
- ideal for group, personal training, aqua gym & fitness.
- material : TPR, Foam handle
- available size : 33 cm



Hold® Foam Roller

Ideal for massage and relaxation!

- aid to release muscle tensions & relaxation
- perfect for massage of back & leg
- increase blood circulation
- material: EVA
- available size : $\Phi 6'' \times 18''$
 $\Phi 6'' \times 35''$ *



MRP : ₹ 3139/-

Color available : Marble blue

* Available on request



MRP : ₹ 850/-

Color available : Black

Hold® Double Ball

Massage Tool for neck, leg and back !

- for body massage and release of tense muscles
- suitable for back, neck, calf and leg muscles massage
- use on the floor OR on the wall
- material: EPP Foam
- available size : approx. $\Phi 8 \times 16$ cm



Hold® Soft Power Ball

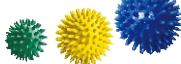
Suitable for Hand and forearm therapy !

- works for all muscles in your hand and fingers which comes with different strength
- use to strengthen and mobilize the fingers and hands
- material : TPR
- available size : $\Phi 50$ mm



MRP : ₹ 699/-

Color available : Pink



₹ 219/- (6cm)
MRP : ₹ 291/- (8cm)
₹ 362/- (9cm)

Colors available : Green Yellow Blue

Hold® Massage Ball

Fast and easy massage anytime-anywhere !

- specially design for relax zone of foot and palm
- increase blood circulation
- release muscle tension
- material : PVC
- available sizes : 6cm, 8cm, 9cm



Hold®



from the house of
PUSHPANJALI

PUSHPANJALI medi India Pvt. Ltd.

16, Ganesh Chandra Avenue, Gandhi House,
Kolkata 700 013, WB, INDIA

☎ : 033 4040 1300 📞 : 91633 60368



website: www.pushpanjaligroup.com |



e-mail: info@pushpanjaligroup.com |

